

## **Education of Global Medical and Health Science Leaders in the Coming Generation in Cooperation and Collaboration with ASEAN**

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Kana Nojirino

Faculty of Health Sciences, Kobe University

I have stayed in Chiang Mai for four weeks to study nursing. I studied nursing education, Medical Intensive Care Unit, Orthopedic nursing, Pediatric nursing, Community nursing, Maternal Care and Traditional Medicine. And I conducted my graduation research in private hospital. I had many opportunity to learn about nursing care and study visiting. In addition, I visited various places in Chiang Mai on the weekend and understood Thai culture and lifestyle in Thailand.

### **• Nursing education**

I heard about nursing education and thought that nursing education in Thailand is putting a great deal of effort into enhancing the quality of nurse. There are three reasons I thought so. The first reason is that every nurse studied at 4 year university. In Japan, we can be a nurse if we study at 3 year nursing special school. But in this case, we don't receive general education. I think every nurse needs to receive general education to understand every patient holistically. So I think the system that every nurse needs to study at 4 year university leads to enhancing the quality of nurse. The second reason is that every nurse has midwife license. In Japan, we have to take a special course to be a midwife. So I think Thai nurses have high specialties. The third reason is that nurse has to renew its own nursing license every 5 year. In Japan, we don't have to renew. But nurse should study at all time. So I think that it is good to give every nurse an opportunity to study every five year.

### **• Nursing care**

What I was most surprised by study visiting in hospital was that hospital period is shorter than in Japan. In Thailand, TKA patients stay hospital for only 7 days. In Japan, TKA patients stay hospital for 3 weeks because of rehabilitation. I think the short of stay related to the number of patients. Many patients visit to Chiang Mai Hospital every day. I think there are two reasons. First reason is the number of

hospital where conduct the difficult treatment less. Especially, there is a treatment that cannot be conducted only at the university hospital in northern Thailand. So not only Thai patients but also patients coming from countries adjacent to the northern part of Thailand, such as Laos and Myanmar come to this hospital. Second reason is the system of medical insurance in Thailand. The cost of medical treatment is different public hospital and private hospital. In Japan, not difference. So many patient visit to public hospital seeking cheap treatment. We must increase the rotation rate of the bed to accept many patients in hospital which such many patients visit.



- What we should learn from Thailand

I think there are many thing to be learned from Thailand through a four-week stay in Thailand. There are three points I'm interested and think we should learn.

The first point is that nursing care for a HIV/AIDS patient. Thailand is the country which is famous for what was able to stop increase in number of the HIV infected people quickly, but it is the present conditions that the infection rate is incomparably high with Japan. Therefore the nursing to a HIV/AIDS patient

becomes very important. And nurses need knowledge and technique of the nursing for a HIV/AIDS patient. In Japan, the number of HIV/AIDS patients is increasing now. We don't know much about nursing necessary for a HIV/AIDS patient and how to stop increase in number of HIV infected people effectively. So I think we should learn about nursing and activities. The second point is nursing for the tropical disease. In Thailand there are various tropical disease. The most famous tropical disease in Thailand is dengue fever. I learned nursing to prevent from infection of the dengue fever. In late years, the risk that tropical disease spreads over in Japan is suggested because global warming advances. But we don't know how to nurse the infected people with tropical diseases and prevent from them. I think that it is too late to learn after spreading over. So I think we should learn right now. The third point is that nursing for people with a different language. Many foreign peoples live in Thailand and come to Thailand as medical tourism. In addition, there are many kinds of Thai. That is to say, every Thai do not use the same language. So even if it was the same Thai, they may not be able to understand each other. I think that the health uneasiness is very big for people living in a foreign country and in other place. And they probably worry about the difference in language, in medical system and in culture. So I think we have to relieve their uneasiness when we nurse foreign people.

We had few opportunities to nurse people who has the different language so far because Japan is an island. Therefore I do not know how we should nurse them. But now, many foreign people comes to Japan with globalization for tourism, business, immigration and so on. And the need of nursing for foreign people becomes higher. So I think we should learn about nursing for foreign people and medical system in Thailand to nurse people who has the different language. The above is to learn from

Thailand which I think about.



I learned many thing during a four-week stay.

At the beginning, I paid attention to difference between Japan and Thailand and didn't think why the difference was occurred. But I understood gradually why the difference was occurred to know Thai national character, life-style, environment, culture and so on through practice and life in Thailand. I think it's because I became to see things not from the position of Japanese but from the position of people who lives in Thailand. So I think that it is necessary to understand the background of the country first of all to give international nursing. To do that, it is necessary for us to really go to the country and live there and interact with people who lives there.

